

Morning Prayer
Sunday, 22 March 2020
The Fourth Sunday of Lent(Mothering Sunday)

Preparation

O Lord, open our lips

All: and our mouth shall proclaim your praise.

Hear our voice, O Lord, according to your faithful love,

All: according to your judgement give us life.

Blessed are you, God of compassion and mercy,
to you be praise and glory for ever.

In the darkness of our sin,

your light breaks forth like the dawn

and your healing springs up for deliverance.

As we rejoice in the gift of your saving help,

sustain us with your bountiful Spirit

and open our lips to sing your praise.

Blessed be God, Father, Son and Holy Spirit.

All: Blessed be God for ever.

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All: Amen.

The Word of God

One or more readings appointed for the day are read.
The reading(s) may be followed by a time of silence.

Psalm 46

Philippians 4:4-8

Gospel Canticle

**All: Blessed are those who hunger
and thirst for righteousness, for they shall be
satisfied.**

1Blessed be the Lord

the God of Israel, ◆

who has come to his people and set them free.

2He has raised up for

us a mighty Saviour, ◆

born of the house of his servant David.

3Through his holy prophets

God promised of old ◆

to save us from our enemies,
from the hands of all that hate us,

4To show mercy to our
ancestors, ◆

and to remember his holy covenant.

5This was the oath God

swore to our father Abraham: ◆

to set us free from the hands of our enemies,

6Free to worship him

without fear, ◆

holy and righteous in his sight

all the days of our life.

7And you, child, shall

be called the prophet of the Most High, ◆

for you will go before the Lord to prepare his way,

8To give his people knowledge

of salvation ◆

by the forgiveness of all their sins.

9In the tender compassion of our God ◆

the dawn from on high shall break upon us,

10To shine on those who dwell in darkness and the
shadow of death, ◆

and to guide our feet into the way of peace.

Luke 1.68-79

**All: Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Refrain:

**All: Blessed are those who hunger
and thirst for righteousness,
for they shall be satisfied.**

The Gospel

Matthew 6:25-34

Prayers

Intercessions are offered

¶ for the day and its tasks

¶ for the world and its needs

¶ for the Church and her life

The Collect of the day:

Almighty God,

in Christ you make all things new:

transform the poverty of our nature

by the riches of your grace

and in the renewal of our lives

make known your heavenly glory;

through Jesus Christ our Lord. **Amen**

Merciful Lord,
absolve your people from their offences,
that through your bountiful goodness
we may all be delivered from the chains of those sins
which by our frailty we have committed;
grant this, heavenly Father,
for Jesus Christ's sake, our blessed Lord and Saviour,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
All: Amen.

The Lord's Prayer is said

Trusting in the compassion of God, let us pray with
confidence as our Saviour has taught us

**All: Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Conclusion

May God our Redeemer show us compassion and love.
All:Amen.

Let us bless the Lord. Alleluia, alleluia.
All:Thanks be to God. Alleluia, alleluia.